



# DO YOU FEEL OUT OF BREATH WHILE WALKING?

It might be due to **COPD<sup>1</sup>**



If you are above  
40 years of age



Have been  
a smoker



Exposed to  
pollution or smoke

Consult your doctor today to know if you are at **risk of COPD.**

COPD - Chronic Obstructive Pulmonary Disease  
1. Lancet Respir Med 2017; 5: 691-706



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